



Report on

Preconception Screening-Sensitization drive on Over the Counter Drug Abuse
in collaboration with NSS

Date: Monday, 3rd April 2023.

Venue: Panchayat Bhawan, Village Alipur, Sohna

Event Type: Intra-University

Mode of Activity: Offline

Target Group: Villagers of Alipur, NSS & SMAS Students and

Resource Person (if any): Dr. Pankaj Gupta, Ms. Meher, Mr. Kaushal

Coordinators: Dr. Pankaj Gupta, Ms. Meher, Mr. Kaushal

Organized by: School of Medical & Allied Sciences

Number of Participants (Attach Attendance as Annexure): 60 (including 40 villagers, 15 SMAS Students & 5 NSS Students)

Introduction

Over-the-counter (OTC) drugs are medicines that are sold directly to consumers without requirement for a prescription by Medical Practitioner's. In this context, OTC counselling becomes an essential aspect wherein a pharmacist may provide information on the subject of initiating, modifying, or stopping an over-the-counter (OTC) drug keeping in view the patient's concerns and drug-related requirements. The types of drugs that are involved in OTC counselling are, for example, used to treat self-diagnosable conditions like heartburn, cough etc. OTC drug abuse and Self-medication are other phenomenal aspects concerning the common man that are inflating drastically within healthcare system. Self-medication takes patient towards greater independence in making decisions about management of minor illnesses but is also associated with major risks such as misdiagnosis, use of excessive drug dosage, prolonged duration of use, drug interactions and antimicrobial resistance.


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Objectives


An outreach programme was conducted to provide awareness to the villagers of Alipur, Sohna, District Gurugram on the following aspects:

1. OTC Drugs
2. Drug Abuse
3. Self Medications
4. Short term effects of self medication
5. Prolonged Effects of self medication

Content

The School of Medical and Allied Sciences (SMAS) organised Outreach Programme on Preconception Screening-Sensitization drive on Over the Counter Drug Abuse at Alipur in collaboration with NSS KRMU. The speakers of the session were Dr. Pankaj Gupta, Ms. Meher and Mr. Kaushal Kumar. Dr. Pankaj Gupta started the session by telling about the Over-the-counter (OTC) drugs and the various aspects related to misuse or overuse of OTC drugs such as addiction and other side effects. Ms. Meher enlightened villagers about Drug Abuse and told its effects using examples. Mr. Kaushal also told villagers about the pros and cons related to Self Medications. The session was followed by group discussion wherein villagers shared their personal experiences and medical problems.

This activity fostered in creating awareness related to the OTC medications and related Drug abuse to the villagers of Alipur, Sohna, District Gurugram. The villagers were able to understand the relevance of OTC drugs with their effects and associated side effects. The villagers were able to understand the difference between Prescription drugs and OTC drugs, drugs leading to addiction and other side effects such as anxiety, stress, drowsiness etc. This sensitization drive will surely culminate the cases of OTC drug abuse and cases of self-mediations by creating awareness among the villagers. The students were also benefitted by learning methodology of spreading medical awareness among the general public using such drives.


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Pic 1: SMAS Faculties and Students at Sensitization drive on Over the Counter Drug Abuse at Alipur



Pic 2: Dr Pankaj Gupta explaining the villagers about the Over-the-counter (OTC) drugs


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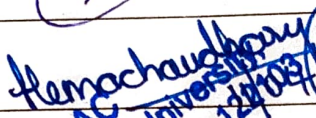
Pic 3: Villagers of Alipur participating in the Outreach Programme



Pic 4: SMAS and NSS Teams at Sensitization drive on Over the Counter Drug Abuse

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Report prepared by	Dr. Pankaj Gupta Ms. Meher Priya Mr. Kaushal Khatana
Report verified by Event Coordinator	Dr. Pankaj Gupta Ms. Meher Priya Mr. Kaushal Khatana
Report Seen by Dean	Dr. Hema Chaudhary
Report Seen by IQAC OFFICE	Dr. Shikha Dutt


 Hema Chaudhary
 IQAC
 K.R. Mangalam University
 Sohna Road, Gurugram-124003
 2023

Attendance Sheet- Target Group

Extension Activity "Preconception screening-Sensitization drive on Over the Counter Drug Abuse"

Date: 03-04-2023

Venue: Alipur Village

SCHOOL OF MEDICAL AND ALLIED SCIENCES (Pharmacy department)

Sr No.	Name	Age	Occupation	Address	Signature
1.	Siddatt	72	Farmer	Alipur	[Signature]
2.	Randhir	70	Farmer	Alipur	[Signature]
3.	Vikram	41	Job	Alipur	[Signature]
4.	Nangendau	41	Farmer	Alipur	[Signature]
5.	Satish	39	Mechanic	Alipur	Satish
6.	Ravinder	60	EX-Serviceman	Alipur	[Signature]
7.	Nasheerun	72	ex-man	Alipur	[Signature]
8.	Shyambir	48	Driver	Alipur	[Signature]
9.	Hari Singh	46	Business	Alipur	[Signature]
10.	Sukhuir	67	Farmer	Alipur	[Signature]
11.	Rambal	80	Farmer	Alipur	[Signature]
12.	Sukhuir	65	EX-Serviceman	Alipur	[Signature]
13.	Deepak Dagar	41	Farmer	Alipur	[Signature]
14.	Ankit	20	Farmer	Alipur	Ankit
15.	Dheer	16	Student	Alipur	Dheer

Verified by:

Signature: [Signature]

Date:

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Attendance Sheet- Target Group

Extension Activity "Preconception screening-Sensitization drive on
Over the Counter Drug Abuse"


Date: 03-04-2023

Venue: Alipur Village

SCHOOL OF MEDICAL AND ALLIED SCIENCES (Pharmacy department)

Sr No.	Name	Age	Occupation	Address	Signature
16.	Suratram	70+	Ex-teacher	Alipur	SR. Dabhi
17.	Omprakash	66		Alipur	371 2302
18.	Chandrabase	66	Ex-serviceman	Alipur	युद्ध वीर
19.	Shochemud	58	Farmer	Alipur	211 2108
20.	Ravinder Kumar	60	Ex-serviceman	Alipur	2708 1900
21.	Shriya	98	Housewife	Alipur	211
22.	Mahender Singh	48	Farmer	Alipur	Mahender Singh
23.	Narender	51	Esc	Alipur	
24.	R. K. Sharma	70	EX	Alipur	Rabul
25.	रविशंकर	75	EX Stc UTP	Alipur	Rabul
26.	Satish	45	Engineer	Alipur	211 2108
27.	रानी देवी	72	Housewife	Alipur.	रानी देवी
28.	वीमला	60	Housewife	Alipur	वीमला
29.	महेष कुमार	45	Service	Alipur.	महेष कुमार
30.	सुशीला	40	Housewife	Alipur.	सुशीला

Verified by:

Signature: 

Date:

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Attendance Sheet- Target Group

**Extension Activity "Preconception screening-Sensitization drive on
Over the Counter Drug Abuse"**

Date: 03-04-2023

Venue: Alipur Village

SCHOOL OF MEDICAL AND ALLIED SCIENCES (Pharmacy department)

Sr No.	Name	Age	Occupation	Address	Signature
31.	रोहताश	74	Farmer	Alipur	21/2/21
32.	वर्षाई	60	Housewife	Alipur.	9/4/25
33.	Rahul	28	Pharmacist	Alipur.	Rahul
34.	Rakhi	34	Housewife	Alipur.	Rakhi
35.	Chandrabose	68	Lab Tech.	Alipur	chandra
36.	Nagender Singh	47	Service	Alipur	Nagender
37.	Ankit	26	Shop	Alipur	Ankit
38.	Satish	39.	Service	Alipur	21/2/21
39.	Kreshan	50	Shop	Alipur	Kreshan
40.	Bhopal	70	Retire	Alipur	Bhopal

Verified by:

Signature: *Mehar*

Date:

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Sector Road, Gurugram (Haryana)

Student Attendance Sheet

Extension Activity "Preconception screening-Sensitization drive on Over the Counter Drug Abuse"

Date: 03-04-2023

Venue: Alipur Village

SCHOOL OF MEDICAL AND ALLIED SCIENCES (Pharmacy department)

Sr No.	Roll Number	Student Name	Program Name	Year/Semester	Signature
1.	2204310037	Nisha	Pharmacy	1st Year	Nisha
2.	2204310055	Pooja	pharmacy	1st Year	Pooja
3.	2204310018	Samuel	pharmacy	1st Year	Samuel
4.	2204310001	Gaurav	Pharm	1 Year	Gaurav
5.	2204310016	RASHA	D-Pharm	"	Rasha
6.	2204310022	Vimal	D. Pharm	"	Vimal
7.	2204310008	Dhruv	"	"	Dhruv
8.	2204310006	Vishal	"	"	Vishal
9.	2204310024	Deepika	"	"	Deepika
10.	2204310031	Shruti	"	"	Shruti
11.	2204310028	Aman	"	"	Aman
12.	2204310038	Rohan	"	"	Rohan
13.	2104310010	Devika	1 st year	1 st year	Devika
14.	2104310027	W. Khil	"	1 st year	W. Khil
15.	2104310002	Aadesh	"	1 st year	Aadesh

Verified by:

Signature: Mahesh

Date:

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NSS KR Mangalam University

Name of Activity Pre-conception Screening - Sensitization drive on Over the Counter Drug Abuse.

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